

INAZAWA NOTES

Sponsored by the Inazawa International Friendship Association Volunteer Group
<http://www.iifa.jp>

No. 294

April 15, 2006

QUESTIONS?

Inazawa City Hall,
 0587-32-1111 (ext 215)

CLASSES

Classes at Hataraku Fujin no ie

Place: Hataraku Fujin no ie (Shakai Fukushi Kaikan)

Participants: Women who are 15 years or older and live or work in Inazawa.

Apply: Send a double-sided postcard (written as follows) by April 25(Tue.).

492-8269 <input type="checkbox"/> 往信 1 Inabu-cho Inazawa-shi Shogaigakushu-ka Inazawa City Hall	(Back Side) Blank
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Zip code <input type="checkbox"/> 返信 your address your name	class you want address, name & phone number child's name and age if you bring your child and need day-care for him or her.
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Class	Date&Hours	Limit	Fee(lecture)	Necessity
Kinethology Course (Exercise for relaxation or concentration)	5/21, 28, 6/4, 18 10:00-12:00	20	600 yen	stationery, clothe for easy exercise
Preserved Flower Arrangement Course	6/13, 27, 7/11 13:30-15:30	30	450yen/ 6500yen(material)	stationery, apron, bag, shears for flowers

South Korean Cooking Class

Place: Sogo-Bunka-Center Cooking room

Date: April 23(Sun) 10:00-13:00

Fee: 700 yen for member of Inazawa International Friendship Association
 1000 yen for non-member of I.I.F.A

Apply: From April 15 (Sat.) 8:30 Call I.I.F.A at 0587-21-0502.

Oyako Fureai Hiroba (Class for children and mothers) Tel.0587-32-1111

Why don't you talk and make friends?

Date: May.12 (Fri), 19(Fri), 26(Fri),Jun.4(Sun), 9(Fri), 16(Fri)

Time: 10:30~12:00

Place: Kinro Fukushi Kaikan

Participants: Children born after Apr.2. 2005 and their mothers

Limit: 15 pairs

Fee: Free
Apply: Send a double post card with the following information by Apr.26 (Wed) to “Oyako Fureai Hiroba at Shogai Gakushu-ka in City Hall. Your name. Your address. Your phone number. your child’s name and birthday Experience of these classes

SPORTS

Swimming equipments are open for visitors Tel:0587-97-8282

Date: Apr.29 (Sat), May.5 (Fri)
Time: 10:00~20:00 *Admission until 19:30
Place: Sobue no Mori Heated Pool
For: 6th graders from infants who doesn’t use a diaper * as for children in the 2nd grader and younger, we request attendance of one guardian for each two children.
Necessities: Swimming suit and cap
Fee: Free but charged for use of the pool

Underwater Walking Class Tel:0587-97-8282

Date: May. 3(Wed)
Time: 14:00~15:00
Place: Sobue no Mori Heated Pool
Participants:Over 18 years old
Limit: 30 people
Fee: Free but charged for use of the pool
Apply: at the reception of the pool from Apr.19 (Wed)

Table Tennis Class for Beginners

Time: May25, 27, Jun. 1, 3, 8, 10, 15, 17, 22, 24 (10 times of Thursdays and Saturdays) 19:00~20:30
Place: Sobue-cho Taiikukan Gym
For: Elementary school students and older studying in Inazawa
Limit: 30 people
Fee: 2,000 yen/participation, 100 yen/insurance
Apply: At Sobue-cho Taiikukan Gym with the fee between Apr.22(Sat) and 30(Sun) (Tel.0587-97-2100) *Application will be closed when the limit is reached.

Tennis (Hardball) Class for Beginners

Time: May7, 14, 21, 28, Jun. 4, 18, 25, Jul. 2, 9 (9 Sundays) 19:00~21:00
Place: Sobue-cho Taiikukan Gym
For: Those living or working in Inazawa
Limit: 20 people
Fee: 1,800yen/participation, 90yen/insurance
Apply: At Sobue-cho Taiikukan Gym with the fee between Apr.22 (Sat) and 30(Sun) (Tel.0587-97-2100) *Application will be closed when the limit is reached.

Muscle Training Class for Elderly People

Time: May26, Jun. 2, 9, 16, 23, 30, Jul. 7, 14, 21, 28 (10 Fridays)
10:00~11:00

Place: Sobue-cho Taiikukan Gym

For: People of 60 and older living in Inazawa

Limit: 20 people

Fee: 2,000yen/participation, 100yen/insurance

Apply: At Sobue-cho Taiikukan Gym with the fee between Apr.22 (Sat) and 30 (Sun)
(Tel.0587-97-2100) *Application will be closed when the limit is reached.

Children Sports Class (Gymnastics and ball games)

Time: May20, 27, Jun. 3, 10, 17, 24, Jul. 1, 8 (8 Saturdays) 14:00~16:00

Place: Heiwa-cho Taiikukan Gym

For: 1st & 2nd graders living in Inazawa

Limit: 40 people

Fee: 1,680yen(including insurance)

Apply: At Heiwa-cho Taiikukan Gym between Apr.29 (Sat) and May13 (Sat)
(Tel. 0567-46-4666)

*In case of too many applicants, decided by drawing on May13 (Sat)

Women Sports Class (Soft Volleyball)

Time: May20, 27, Jun. 3, 10, 17 (5 Saturdays) 10:00~11:30

Place: Heiwa-cho Taiikukan Gym

For: Women of 18 and older living or working in Inazawa

Fee: 1,050yen (including insurance)

Apply: At Heiwa-cho Taiikukan Gym with the fee between Apr.29(Sat) and May13(Sat)
(Tel. 0567-46-4666) *Application will be closed when the limit is reached.

Senior Sports Class

Time: May16, 23, 30, Jun.6, 13 (5 Tuesdays) 13:30~15:00

Place: Heiwa-cho Taiikukan Gym

For: Middle-aged people living or working in Inazawa

Limit: 30 people

Fee: 1,050yen (including insurance)

Apply: At Heiwa-cho Taiikukan Gym with the fee between Apr.25 (Tue) and May9(Tue)
(Tel. 0567-46-4666) *Application will be closed when the limit is reached.

The 2nd Citizens' Beach Ball Meeting

Time: Jun. 4(Sun) 9:00~

Place: Sobue-cho Taiikukan Gym

For: El. school students and people of 15 and older living, working or studying in Inazawa

Events: General men General women Juniors(1~4 graders, 5 & 6 graders)

How to match: League for trial matches and tournament

Participants: One manager and 6 players

Fee: 1,000yen for general, 500yen for junior/team

Apply: To Inazawa-shi Recreation Kyokai Jimukyoku by May15(Mon)
(Fax. 0587-34-6328, Tel. 0587-34-6318)

*Event guidebook and application form are available at Sports-ka in Sogo Taiikukann
Gym and Sobue-cho Taiikukan Gym

Judo Self-defense Class

Time: Every Tuesday and Friday between Apr.25 and May30(Except May5) 19:00~20:30

Place: Heiwa-cho Taiikukan Gym

For: El. school students and older living, working or studying in Inazawa

Limit: 20 people

Fee: 5,000yen(including insurance)

Apply: To Heiwa-cho Taiikukan Judo-jyo with the fee between 19:00 and 20:30 on Tue. or Fri.
from Apr.18 (Tue) *Application will be closed when the limit is reached.

Contact: Heiwa Judokai Mr. Koji Oshima (Tel. 0567-46-4583)

EVENTS

Asahi-yu, one of public baths in Inazawa, is open free for children on Children's Day.

For: Children in 6th grade and youger

Place: Asahi-yu (13-17 Ekimae 2-chome tel. 0587-32-1014)

Date: May 5 (Children's Day) 16:00-22:30

Ohanasi-no-kai(Meeting of reading)

Date: Apr.22 (Sat)

Time: 11:00~11:50(open to at 10:30)

Place: Sogo Bunka Center

For: 4years old and over

Apply: not necessary

Volunteer Workers for Inazawa Summer Festival are wanted.

Why don't you work as a volunteer to support booths and events or usher visitors?

Time: Jul.30(Sun) 9:00~21:00 (cancelled in case of rain)

Apply: Send a postcard with your address name Tel. No. age sex occupation
your available hours

To Inazawa Natsumatsuri Jikkou-iinkai Jimukyoku

(〒492-8268 Inazawa-shi Azabu-cho 15-12)

The 29th Spring Art Festival

Place: Shimin-kaikan

Date: April 29 (Sat.)

Public entertainment show

10:30-15:55 at Chu(Middle)-Hall

Japanese dancing, social dance, Shigin-Recitation of a Chinese poem, Shakuhachi-Japanese bamboo flute and so on.

Flower Arrangement-Exhibition

9:00-16:00 at Sho(Small)-Hall

Tea Ceremony Party

10:00-15:00 at Kenshu-shitsu(training room) and Washitsu(Japanese-style room)

Fee: 350 yen (for a cup of tea)

HEALTH

Suku suku Hiroba (The Day for Measuring)

Why don't you measure your baby's height & weight by yourself?

Date and Time: May.10th (Wed) 9:30 a.m.-

Place: Hoken Center

For: Babies and infants

Contents: Physical checkup by guardians: 9:30 a.m.-11:00 a.m.

Parents and children- play supported by Kosodate (bringing up children) Network:

The 1st time 10:00 a.m. - The 2nd time 10:35 a.m. - The 3rd time 11:10 a.m.-

Child-care consultation: 9:30 a.m. – 11:00 a.m.

Necessities: a mother and child health notebook

Contact: Hoken Center Tel: 0587-21-2300 (No application is required.)

This service is available neither at Sobue shisho (branch) of Hoken Center nor at Heiwa Rakuraku Plaza. This is not "Suku suku Hiroba" held at jidokan.

Women's Health Checkup

For women at the age on the turning point, where hormone balance changes may give various influences, examination for osteoporosis and periodontal disease (including a guide of teeth brushing) will be given.

Date, Time and Checking up Items: See the table below.

	Date	Time for Application	Item
1	Jun 13 th (Tue)	9:30 a.m. - 10:00 a.m.	Examination for Osteoporosis
2	Jun 27 th (Tue)	1:30 p.m. -	Explanation of the Result of Examination for Osteoporosis Examination for Periodontal Disease

Place: Hoken Center

For: Female residents at 45, 50, 55, 60, 65, and 70 years old on the checking up day

Fee: 500 yen

Apply: to Hoken Center from 8:30 a.m. on May 10th (Wed) only by phone (TEL: 0587-21-2300) You can't apply to Sobue shisho (branch) or to Rakuraku Plaza.

CALENDAR

Apr.21 ~ May.5

21	Fri.	*Consultation in Portuguese	10:00 - 12:00	City Hall
		*18-month-old Children Health Checkup	12:45-13:15	Inazawa-shi Hoken Center
22	Sat.	[Minor Emergency Clinic for P&I]	13:00 - 21:00	Arao Naika 0587-34-3111
		[Minor Emergency Clinic for S]	13:00 - 21:00	Suzuki Clinica 0587-23-0077
23	Sun.	[Minor Emergency Clinic for P&I]	9:00-12:00, 13:00-17:00, 18:00-21:00	Kyujitsu Shinryojo 0587-36-3006
		[Minor Emergency Clinic for S]	9:00-21:00	Suzuki Clinica 0587-23-0077
24	Mon.	*First-time Pregnant Woman's Class	9:15-9:30(Registration)	Inazawa-shi Hoken Center
		*3-year-old Children Health Checkup	12:45-13:15	Hoken Center Sobue Shisho
25	Tue.	*Health Consultation	9:00-11:00	Hoken Center Sobue Shisho
		*Class for Moms and Dads (2nd)	13:15-13:30(Registration)	Inazawa-shi Hoken Center
		*BCG Vaccination	13:45-14:15	Inazawa-shi Hoken Center
		*General Dental Health Registration: 12:50-13:00 (1-year-old), 13:15-13:30 (2,2.5year-old and adult)		Heiwa Rakuraku Plaza
26	Wed.	*Health Consultation	9:00-11:00	Inazawa-shi Hoken Center
		*AIDS Checkup	9:00-10:00	Ichinomiya Hokenjo Inazawa Shisho
		*3-year-old Children Health Checkup	12:45-13:15	Inazawa-shi Hoken Center
27	Thu.			
28	Fri.	*Health Consultation	9:00-11:00	Heiwa Rakuraku Plaza
		*4-month-old Children Health Checkup	12:45-13:15	Hoken Center Sobue Shisho
29	Sat.	"Midori no Hi"		
		[Minor Emergency Clinic for P&I]	9:00-12:00, 13:00-17:00, 18:00-21:00	Kyujitsu Shinryojo 0587-36-3006
		[Minor Emergency Clinic for S]	9:00-21:00	Miyazaki Geka 0587-21-0856
30	Sun.	[Minor Emergency Clinic for P&I]	9:00-12:00, 13:00-17:00, 18:00-21:00	Kyujitsu Shinryojo 0587-36-3006
		[Minor Emergency Clinic for S]	9:00-21:00	Rokuwa Byoin 0567-46-3515
1	Mon.	*First-time Pregnant Woman's Class	9:15-9:30(Registration)	Inazawa-shi Hoken Center
		*Class for Moms and Dads (2nd)	13:15-13:30(Registration)	Hoken Center Sobue Shisho
2	Tue.	*Health Consultation	9:00-11:00	Hoken Center Sobue Shisho
3	Wed.	"Constitution Memorial Day"		
		[Minor Emergency Clinic for P&I]	9:00-12:00, 13:00-17:00, 18:00-21:00	Kyujitsu Shinryojo 0587-36-3006
		[Minor Emergency Clinic for S]	9:00-21:00	Miyashita lin 0587-36-7028
4	Thu.	"Holiday for the Nation"		
		[Minor Emergency Clinic for P&I]	9:00-12:00, 13:00-17:00, 18:00-21:00	Kyujitsu Shinryojo 0587-36-3006
		[Minor Emergency Clinic for S]	9:00-21:00	Kitayama Clinic 0587-24-3183
5	Fri.	"Kodomo no Hi(Children's Day)"		
		[Minor Emergency Clinic for P&I]	9:00-12:00, 13:00-17:00, 18:00-21:00	Kyujitsu Shinryojo 0587-36-3006
		[Minor Emergency Clinic for S]	9:00-21:00	Yamamura Geka 0587-32-1845

- Public Health Center is called " Hokenjo " in Japanese.
- Community Healthcare Center is " Hoken Center " .
- *Some examinations and consultations require an appointment.
Please ask City Hall (Tel. 0587-32-1111)
- In Most cases it is desirable that your friend or an interpreter should accompany you.

Abbreviation:

Minor Emergency Clinic for P&I ··· Pediatric & Internal Medicine

Minor Emergency Clinic for S ··· Surgery

